



Traditional Breakfast Tacos

Prep time: 7 Cook Time: 6 Servings: 12

Breakfast/Brunch,Entrees,Kids,Flour Tortillas,Casual Dining,Catering,Fine Dining,K-12,Breakfast All Day,Global Tacos,Modern Mexican

Ingredients

INGREDIENT	CODE	PREP	QUANTITY
4.5" Heat Pressed Flour Tortilla	28671		24 each
Eggs			24 each
Non-Stick Cooking Spray		as needed	
Milk			1/2 cup
Breakfast Sausage		crumbled, cooked	24 oz.
Shredded Three Cheese Cheddar Blend			24 oz.
Black Beans		drained and rinsed	24 oz.
Tomatoes		chopped	1 1/2 cup
Salsa Verde			1 1/2 cup
Sour Cream			1 1/2 cup

Instructions

1. Pre-heat a sauté pan to medium-low heat, spray with non-stick cooking spray. Beat eggs and milk together. Cook until done, reserve.
2. To Plate Tacos: Place two warmed tortillas on a plate, and serve with sides of the following: 3.2 ounces cooked scrambled eggs, 2 ounces sausage, 2 ounces shredded cheese, 2 ounces black beans, 2 tablespoon tomatoes, 2 tablespoon Verde salsa, and 2 tablespoon sour cream.

