

## Nashville Hot Cauliflower Wrap

Prep time: Cook Time: Servings:

 $Regional\ North\ American, Entrees, Flour\ Tortillas, FSR/QSR, Catering, Casual\ Dining, Spice\ It\ Up, Grab\ \&\ Go, Plant-Based\ Preferences$ 

### **Ingredients**

INGREDIENT	CODE	PREP	QUANTITY
Mission 12" Pressed Whole Wheat Tortilla	10254		1 Each
Cashew Ranch Dressing (Vegan)			
Cauliflower florets, trimmed			2 cup
Beer batter, prepared			As Needed
Nashville hot wing sauce, prepared			1/4 cup
Arugula			1/2 cup
Cherry tomatoes		quartered	1/4 cup
avocado		diced	1/4 Each

#### **Instructions**

- 1. Prepare Cashew Ranch Dressing (Vegan) sub recipe.
- 2. Pre-heat deep fryer to 350F.
- 3. Coat cauliflower florets in beer batter and deep fry until golden brown and crispy. Toss in Nashville hot wing sauce.
- 4. Lay out Whole Wheat Tortilla and top with arugula, tomatoes, avocado, and sauced cauliflower. Drizzle with Cashew Ranch Dressing, wrap burrito style and slice on a bias to serve.
- 5. Submerge roasted cashews in hot water for 10 minutes and drain.
- 6. Add all ingredients to a food processer and blitz until smooth and uniform.
- 7. Add in water as needed to achieve desired texture and consistency.
- 8. Reserve under refrigeration until use up to 5 days.



# **Cashew Ranch Dressing** (Vegan)

Prep time: Cook Time: Servings:

### **Ingredients**

INGREDIENT	CODE	PREP	QUANTITY
roasted cashews			2 cup
water		hot	As Needed
white wine vinegar			2 Tbsp.
lemon juice			1 Oz.
salt			1 tsp.
garlic powder			1 tsp.
onion powder			1 tsp.
dill		fresh	1/4

#### **Instructions**

- 1. Add all ingredients to a food processer and blitz until smooth and uniform.
- 2. Add in water as needed to achieve desired texture and consistency.
- 3. Reserve under refrigeration until use up to 5 days.