



PB, Fruit & Nut Pinwheels

Prep time: 5 Cook Time: 0 Servings: 50

Appetizers/Sides/Snacks,Better For You,Breakfast/Brunch,Entrees,Kids,Flour Tortillas,K-12,Breakfast All Day,Plant-Based Preferences

Ingredients

INGREDIENT	CODE	PREP	QUANTITY
12" Whole Wheat Tortilla	10254		17 each
Peanut Butter		reduced fat	68 oz.
Dehydrated Fruit & Nut Mix		commercially prepared	21.25 oz.
Spreadable All-Fruit Preserves		transferred to squeeze bottle	21.25 oz.
Low-Fat Yogurt		vanilla or strawberry	50 oz.

Instructions

- Place tortillas on flat work surface, spread each evenly with 4 oz. reduced fat peanut butter, sprinkle each with 2.5 oz fruit & nut mix, and squeeze fruit preserves evenly over top. Roll tightly lengthwise, refrigerate for 30 minutes and then slice each into 12 to 13 pieces.
- Serving Instructions: Serve 4 pieces with 1 oz. low-fat yogurt for dipping.

